

30-Day Challenge Intentions

Set the tone for your goals by writing out your intentions, goals, and inspirations to keep you on track.

This Week I Want

To be: _____

To feel: _____

To attract: _____



This Week I Want to Achieve

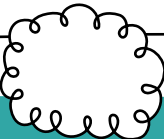
Goal #1: _____

Goal #2: _____

Goal #3: _____

Inspirations

- _____
- _____
- _____
- _____



Monthly Ideas

- _____
- _____
- _____
- _____

Reflection _____