

# Define Your FUTURE AND CURRENT SELF

Print out this questionnaire to connect with your current and future self. Easily discover how your actions now are impacting your long-term goals.

## Your Career

**Do you work quickly or slowly?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**Do you have strong healthy habits?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**Are you working your dream job?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**Do you like what you're doing?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

## Your Money Goals

**Do you trust yourself with money?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**How do you feel about money?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**What, to you, is the purpose of money?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**Do you feel weighed down by money?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

## Your Lifestyle

**What do you want to learn more about?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**What does happiness mean to you?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**Do you struggle with limiting beliefs?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**Do you have healthy habits and routines?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

## Your Side Projects

**What do you spend the most time on?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**Are you holding back from your dreams?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**What are you most passionate about?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_

**What do you want to learn how to do?**

Present: \_\_\_\_\_ Future: \_\_\_\_\_