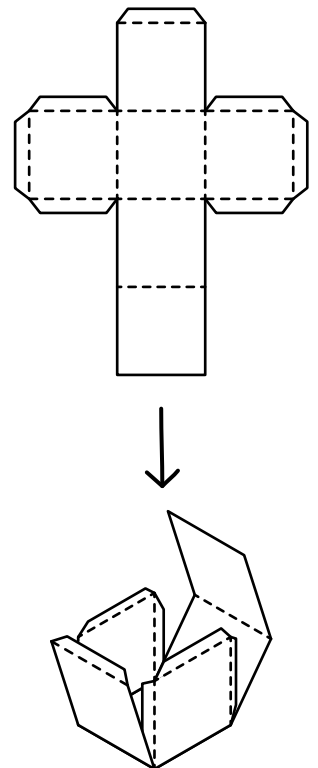
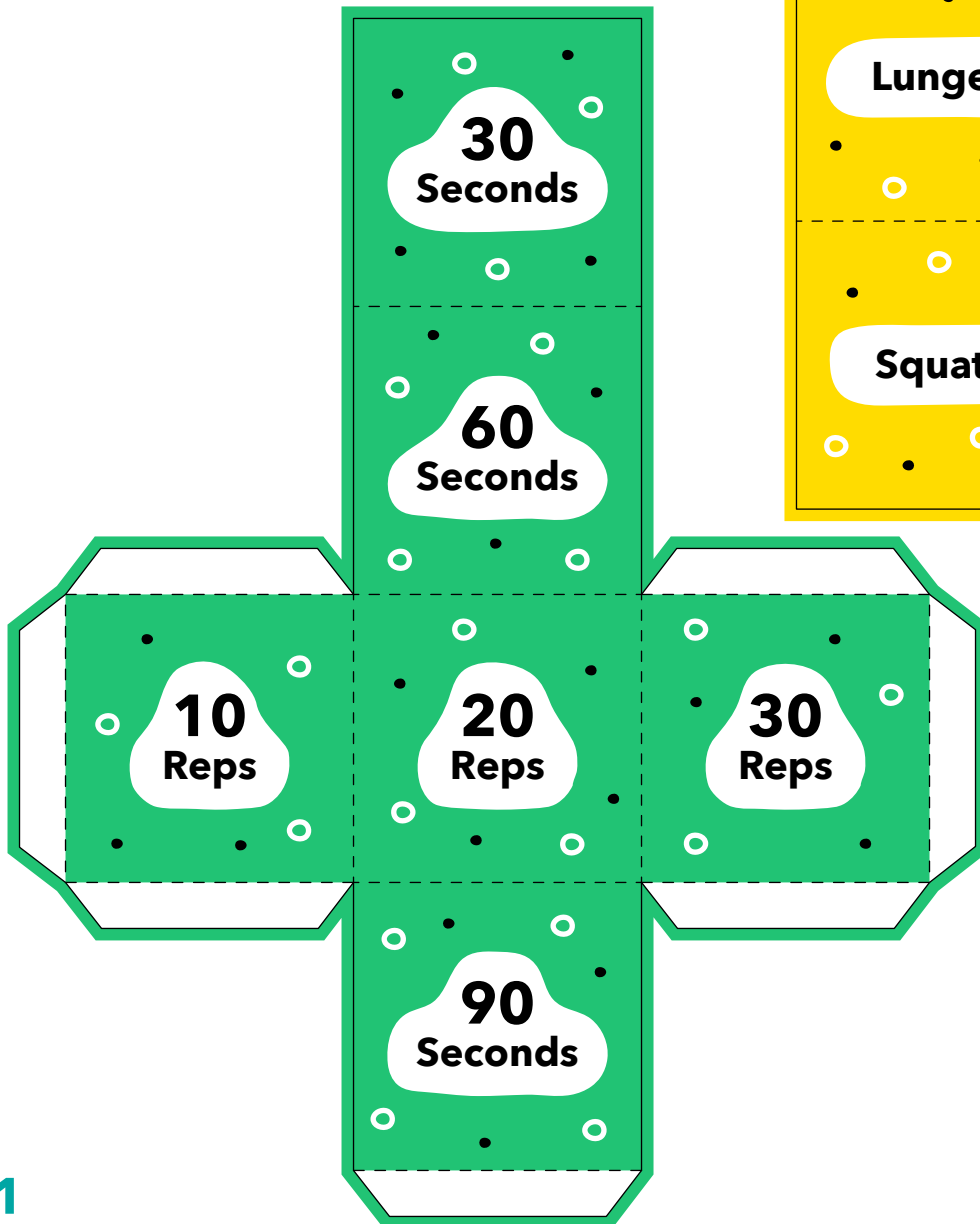
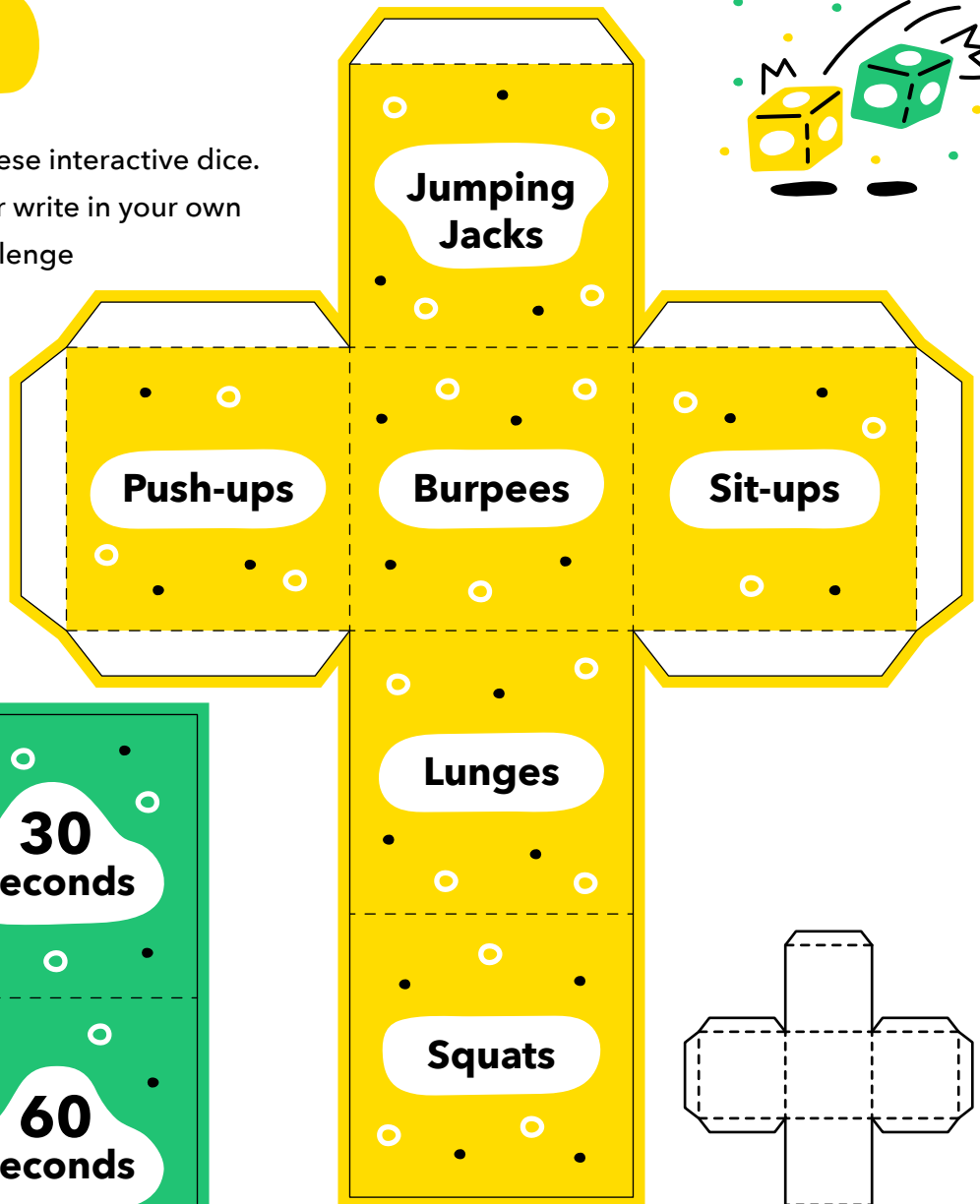


# Fitness Dice

Turn exercise into a game with these interactive dice. Use the pre-assigned workouts or write in your own favorite exercises to take the challenge of planning out of your routine.

## To make the dice:

1. Cut along the solid lines
2. Apply glue to tabs
3. Fold along dotted lines
4. Press sides firmly into place



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