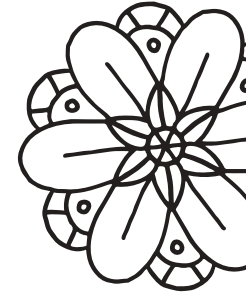
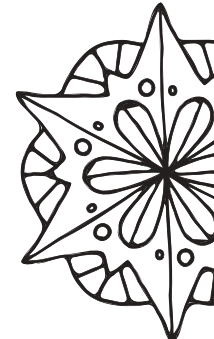
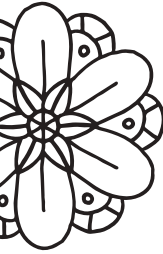


MONTH: \_\_\_\_\_



TODAY  
I AM  
GRATEFUL  
FOR...





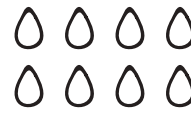

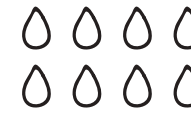

31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

The central mandala features a circular design with a central text box containing the words "TODAY I AM GRATEFUL FOR...". The design is surrounded by a ring of numbers from 1 to 31, representing the days of the month. Radiating lines extend from the outer edge of the mandala, creating a sunburst effect. The entire page is decorated with various floral and sun-like mandala patterns in the corners and scattered teal dots.

MONTH:

THIS WEEK'S GOALS

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

	MON	TUES	WED	THU	FRI	SAT	SUN
WAKE UP 							
MOOD							
BUDGET FRIENDLY ACTIVITY							
EXERCISE							
WATER							
SELF-CARE ACTIVITY OF THE DAY							
BED TIME 